

A CHANGE OF HABIT

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The year is winding down and the Moon is waxing to First Quarter. There are other deeper things happening internally as well. This is not so much a time for thinking or taking it all in as for doing and entering the action, although this last New Moon IMO did not make it easy to get going this month. It has been a slow start folks, but it is ramping up a bit now.

This is a time to put out effort and incorporate your ideas into reality, to make your dreams real. It also can be a very sensitive time emotionally for some of us, touching on things that seldom are touched and thus perhaps some vulnerability with certain issues. Touchy.

In addition there is every opportunity for your values to change or perhaps for you to feel like doing something different during these days. In other words, you can appreciate breaking free from habits, break the mold, and feel free from the day-to-day ruts we all dig for ourselves. It is like Robert Frost's poem "The Road Not Taken." Take it.